

Inclusion Alberta's Darrell Cook Family Managed Supports  
Resource Centre presents: THE FMS LEARNING SERIES 2022/2023

# CREATING & FACILITATING RELATIONSHIPS THROUGH COMMUNITY ENGAGEMENT

**When:** Saturday, November 19, 2022 | 10am - 3pm

**Where:** Inglewood Community Association Hall  
(1740 24 Ave SE, Calgary)

**Workshop Presenter:** TBA

**To register:** [Register online here](#), or contact Kate at 403-539-5869  
or [khughson@inclusionalbarta.org](mailto:khughson@inclusionalbarta.org)

Meaningful and freely given relationships are essential to our wellbeing. Finding pathways to relationships is a lifelong journey. For people with developmental disabilities, it may require thoughtful reflection, strategic planning and intentional facilitation. Relationships and friendships open doors to new worlds, helps discover self-identity and interests, and provides natural support when we need it. A significant role for staff hired by families through FMS or FSCD is not to be a paid friend, but to be the bridge to freely given friendships and relationships.

**This session will explore:**

- The meaning and power of natural pathways
- Capitalizing on individual interests and linking them to community opportunities
- The role of the facilitator
- Strategies for facilitating relationships in our community

Families, self-advocates, and FMS staff are welcome to attend.

 Inclusion Alberta